

Course. Radius, Ulnar and DRUJ

What is the course about?

Do you want to take an in depth look at the structure, function, pathology and treatment of the forearm and distal radio-ulnar joint? This one day course will further your understanding and treatment capability of this complex area.

This course will not focus **on the carpus**. This area is covered in The Carpus one day course. We will however look at non-specific wrist pain in detail as well as the TFCC and all other elements relating to this anatomical area.

Who should attend?

If you work with patients requiring wrist rehabilitation this is the course for you, whether you are a physio or an occupational therapist. A good working knowledge of wrist anatomy is required.

What will you learn?

- linking applied anatomy with assessment and differential diagnosis
- surgical and non-surgical treatment for trauma and degenerative conditions
- a problem solving approach to patient management

Will there be refreshments?

Yes. Tea, coffee and lunch will be provided.

Who's presenting?

Zoe Clift - Hand Therapy Specialist. With over 11 years experience in NHS and private practice Zoe is a well known clinician and passionate educator who enjoys teaching complex topics and discussions. 360 Hand Therapy encourages one to one education sessions and practical courses combined in order to maximise the theory learnt to make sure therapists are confident when returning to their department to put their learning into practice.

What will you walk away with?

Each attendee will receive a summary of the course content in a manual provided on the day.

Practical Knowledge:

We won't bore you with too much theory. You will receive practical training that focuses on information that you can start incorporating into your practice (dependent on your working environment and experience).

Where and when and how much?

Sunday March 13th 2011

Time: 8.45 - 4.30

Cost: £120

Brighton. The Dialogue Centre.

Map and directions provided upon booking.

What if I have some questions?

Email us: info@360handtherapy.co.uk and we'll be happy to help.